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> 14 Rewarding good causes



thenewhammag

issue 326 // 9 – 22 October 2015 // Every fortnight



**Paying
tribute to
a legend**

Joan Littlewood celebrated
in Stratford (p21)



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Mayor of
Newham

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9 October 2015 // **issue 326**



The young people of this borough have incredible potential and talent. We see it in people like James Anderson, who is performing at the Rugby World Cup 2015 fanzone in Queen Elizabeth Olympic Park (p9). And we see it in Tyreese Remy-Henderson, the Eastlea student who is developing a career in dance (p12).

But there are many ways to make the most of your potential, and to make a difference to your community. The process has begun to select the next Young Mayor of Newham, and in this issue of the Newham Mag you can meet the candidates (p10).

As Young Mayor, it has been my responsibility to represent the interests of Newham's young people, and to build an understanding of young people's needs. Tuesday 20 October is polling day, so make sure you vote, and have your say in who represents you in Newham.

Yaseen Bux
Young Mayor of Newham

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IN BRIEF //

Fly-tippers pay the price

A restaurant manager prosecuted by Newham Council has been fined £200 after his business repeatedly dumped rubbish.

Faisal Mian, 34, of Shrewsbury Road, Forest Gate, was charged with fly-tipping after staff were caught dumping food from the Zu Sizzlers restaurant in Green Street, Upton Park, five times in October 2014. At Thames Court Mian admitted five allegations of fly-tipping.

Also at Thames Court Khalid Sheikh, 31, from Ilford, admitted dumping 28 black bags of rubbish from a house clearance in Queens Road, Upton Park, in July. He was fined £280.

Hammad Ali, 26, of Wall End Road, East Ham, admitted fly-tipping a sofa in Dukes Road, East Ham, in March. He was fined £100.

Asset status for market

Queens Market in Upton Park has been listed as an Asset of Community Value (ACV) after an application was approved by Newham Council.

Listing the market as an Asset of Community Value means its use as a community venue is considered when reviewing future planning applications.

It also means it cannot be sold without first informing the Friends of Queen Market, the community group that made the ACV application. If they are interested in purchasing the building, they would be given six months to raise funds to bid for it.

Councillor Ken Clark, cabinet member for building communities, public affairs, regeneration and planning, said: "We have determined that the application fulfils the criteria for listing under the Localism Act 2011. We remain totally committed to improving this key urban centre to achieve significant benefit for all residents."

Warm welcome to new fire station

Mayor Sir Robin Wales officially opened the new state-of-the-art fire station in Prince Regent Lane, Plaistow. Together with Newham councillors Joy Laguda, Ian Corbett and Bryan Collier, and London Fire Brigade Commissioner Ron Dobson, he unveiled a commemorative plaque at the rebuilt station.

The building was constructed as part of a private finance initiative. It has specialist facilities including a breathing apparatus chamber allowing crews to train in a building that simulates heat and smoke, a four-storey training tower and an area for road traffic collision training. There is also a community room.

Sir Robin said: "This brand new station is a welcome addition to the community. It has been built to the highest environmental standards so that those who serve here will benefit from state-of-the art facilities. I'm pleased to unveil the plaque and hope this fantastic station serves residents well for many years to come."



Gym is officially opened

Mayor Sir Robin Wales got into his stride when he officially opened the borough's newest fitness facility.

He joined Councillor Ian Corbett, mayoral advisor for environment and leisure, on a tour of the state-of-the-art fitness centre in High Street North, Manor Park. The centre, which began welcoming residents in June, provides a high quality low cost gym with top of the range health and fitness equipment.

Run by the council's leisure provider activeNewham, the centre boasts 50 exercise machines, a free weight area and a group cycling studio. It also has an outdoor multi-gym including a climbing net to build strength and agility.

Sir Robin said: "We have a range of facilities across Newham that can help people become fitter and healthier."

For details of how to join the gym call **0300 124 0123** or visit **www.activenewham.org.uk/manor-park-fitness-centre**





News

Rogue driver made to toil

A cameraman who avoided paying £6,000 in parking and driving fines over five years has been given a suspended jail sentence and sentenced to 180 hours of community service for committing fraud.

Philip Tunncliffe, 59, from Stoke-On-Trent, who also has a property in Forest Gate, clocked up 69 fines from Newham Council for parking on pavements, yellow lines, driving in bus lanes and ignoring no entry signs.

The Driver and Vehicle Licensing Agency were unable to identify his car but he was traced by the council's enforcement partnership police team using insurance records. He had altered his Volkswagen Passat's licence plate and used a false address to get cheaper car insurance.

Tunncliffe appeared at Snaresbrook Crown Court and admitted fraudulently using a registration mark and making a false statement. Councillor Ken Clark, cabinet member for building communities, public affairs, planning and regeneration, said: "This prosecution shows why our partnership work with police is invaluable."



Tunncliffe and his vehicle

Apprentices pass the test

Twenty young Newham Council apprentices have graduated from a specialist education and skills programme created to address the needs of London's employers.

The trainees from the council's Youth Employment Scheme (YES) were praised in a ceremony held at the Science Museum in London hosted by professional services company PwC as part of the London Professional Apprenticeship (LPA) scheme.

The LPA scheme attracts outstanding young people into professional services roles and includes training modules such as digital media and entrepreneurship. It also offers apprentices mentoring and networking opportunities.

During the ceremony Newham also received an Outstanding Employer Ambassador award. Councillor Terry Paul, mayoral adviser for skills and adult learning, said: "We congratulate our YES trainees who are well on the way to achieving recognised qualifications and valuable employment experience."

To find out more about the YES scheme email YES.Enquiries@newham.gov.uk



The YES graduates

Squatters in former pub are evicted

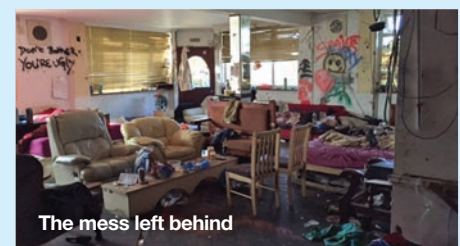
A squat in a residential street in Stratford has been closed by Newham Council's enforcement and safety team.

The former pub and nightclub in Henniker Road had been occupied by up to 20 squatters, many of them drug users.

Council antisocial behaviour and nuisance investigation officers and police closed the property. Nine people found inside were issued with community protection notices. They were also directed towards support from drug and mental health care workers. The building has now been secured by the owner.

Councillor Unmesh Desai, cabinet member for crime

and anti-social behaviour, said: "Residents should not have to put up with squatters disturbing their peace and wreaking havoc in the neighbourhood. I'm glad we were able to help the property owner find a solution for our residents."



The mess left behind

Young people get the X factor

As a politician of many years standing, I know the pressures that an election campaign brings. Having been involved in a few in my time, you need to put in the hard graft if you want to be successful. Good luck then to all the candidates in our Young Mayor election.

Across the borough youngsters will be voting on 20 October, with the result declared the following day. Our Young Mayor programme is amongst the best in the country. Last year we had the highest voter turnout of 11 to 18-year-olds in any Young Mayor election in the United Kingdom. We want the same in 2015.

“The Young Mayor scheme offers our young people a voice and represents their views to the decision-makers.”

I am pleased that this year we have the highest number of candidates, 22, and the highest number of schools, colleges and sixth forms taking part, including two new additions, so welcome to the Newham Collegiate Sixth Form Centre and the London Academy of Excellence. This is a real testament to the excellent work previous Young Mayors and Youth Councillors have put in.

Last year 14,247 people voted. Given that only 9,227 voted in the recent poll for the Conservative Party candidate for Mayor of London, it puts what we do here into perspective.

We have the youngest population of any borough and I'm always heartened by their passion for politics. I congratulate all the contenders who put themselves up for election – it's not an easy thing to do. And well done too to all who will be casting votes.

The Young Mayor scheme offers our young people a voice and represents their views to the decision-makers. Projects based on the successful Young Mayor's election manifesto will be developed and delivered across

the borough.

This year the Youth Council will have 21 members including the Young Mayor, the next ten candidates based on votes and ten appointed through a self-nomination process. There will also be four advisory boards that unsuccessful candidates can be part of. These boards will consist of up to ten young people including at least three Youth Councillors.

In total it means we can have around 50 young people participating in the Young Mayor's programme. They will have a tough act to follow. I wish them all the best of luck. For more details visit www.newham.gov.uk/youngmayor



With Young Mayor Yaseen Bux



Mayor's view

Stand against poverty and deprivation

The national statistics released last week in the Index of Multiple Deprivation was welcome news for Newham.

As the name suggests, the index assesses the extent to which people living in a certain area or neighbourhood are deprived of things like housing, education, jobs and income. It ranks 32,844 areas by local authority in a league table.

The good news is that Newham is no longer among the top 20 authorities that have the most deprived areas. We have leapt up the rankings to 25th for the extent of deprivation we face. This is a massive improvement from 2010 when we were second.

“The statistics confirm the considerable strides we have made in tackling the deep-rooted inequalities in our borough, despite an unprecedented reduction in our funding from the Government ”

We have gone from having 31 per cent of our neighbourhoods being highly deprived in 2010, to just eight per cent. We have moved in the rankings from being second in the average amount of poverty, to eighth.

The statistics confirm the considerable strides we have made in tackling the deep-rooted inequalities in our borough, despite an unprecedented reduction in our funding



from the Government. But we still have a long journey ahead of us.

We will continue to build the capacity of residents to allow us to live fuller lives. Our approach is based on tackling the root causes of deprivation such as poor housing and poor education. We believe this is the way out of poverty.

Forty per cent of our residents live in the private rented sector where spiralling rents are driving people into squalor. Our Private Rented Sector licensing scheme is reducing the number of unsafe and insecure houses, forcing out unscrupulous landlords and driving up standards. Initiatives such as Workplace, our

employment service, which has supported almost 30,000 people into work, is vital in ensuring residents can access these opportunities. And programmes like our Reading Guarantee and free school meals are supporting young people from an early age.

The challenge we face is tremendous, but we will continue to stand up against the forces that keep people poor. Remember you still have time to help us decide where we spend our money and where we make savings. Take part in our Budget Challenge by visiting www.newham.gov.uk/budgetchallenge

with Sir Robin Wales



You need to register for this great offer by 21st October 2015

East Ham Leisure Centre - Price For Life Only £28

We are offering a once in a lifetime chance to join this premier fitness centre at a special membership rate.

East Ham Leisure Centre has the best all-round facilities in Newham for getting fit and staying in shape. These can now be yours for only £28 per month*.

Don't miss out! Register now!

Call 0300 124 0123[†] or visit www.activeNewham.org.uk/East-Ham-2015

East Ham Leisure Centre, 384 Barking Rd, East Ham E6 2RT

*New customers need to pre-register for this great offer before 21st October 2015.

†This number is charged at the same rate as calls to normal landlines (those that start with 01 or 02). It is included in call allowances, bundled talk time or "free" minutes the same way as regular landline numbers.

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JAMES IS IN THE ZONE

Thousands of people have already enjoyed the fun, games, music and sport activities that are on offer at the Newham Fanzone in Queen Elizabeth Olympic Park as part of Rugby World Cup 2015. Singer James Anderson is looking forward to his stint in welcoming the crowds.



Despite his tender years, James, 16, from East Ham, is already a 'veteran' at Newham Council's free events, having already performed at the Mayor's Newham Show, Under the Stars, the Newham London Run at the former Olympic Stadium and at the council's live entertainment sites during the 2012 Games.

"I'm looking forward to appearing at the Newham Fanzone, even though I don't know too much about Rugby," he said. "I'm sure it will be amazing singing for so many people."

James takes to the stage on Sunday 18 October from 2.45 to 3.30pm. The fanzone will be open from 11am to 11pm on that day, with two quarter-final matches in this year's world cup tournament also being shown on a giant screen in the park.

James, who recently began a two-year study course at the East London Arts and Music academy (ELAM) in Stratford is preparing an exciting set list. He has been seeing what people think by posting his recordings on You Tube.

James said: "I have a lot of followers in America and I'd really like to target the American market one day. At the moment I'm enjoying my time at ELAM. It's an amazing place. The main focus is on music but I really want to do well in my A-level studies as well.

"When I finish my education I want to issue an EP. I've already done some songs with producer Omar Walker, more famously known as Major Seven, and he has worked with Jay Z. Hopefully we can do some more."

The Newham Fanzone is open on selected dates until 31 October. For details visit

www.newham.gov.uk/fanzone

To hear music by James Anderson visit @OfficialJamesA on Twitter



X MARKS THE SPOT – W

On Tuesday 20 October young people across Newham will vote for their next Young Mayor. If you're aged 11 to 18 and live, work or study in Newham, you can vote for the following candidates:



VIDHEE JAGATIA, 14

I love my community and I feel passionate about making it even better.



MICHEAL KHANYE, 17

I will be fair yet touch on issues that affect our generation and bring great change to this borough.



JEEVITHAA GNANAKUMAR, 15

One day we will be successful, talented and we will make a difference. Let me be the voice that sets you free, make the right choice.



LOUIS BAXTER, 15

I want every resident to be proud of Newham, celebrate our achievements and make Newham the best place to live and work.



SAADIA SAJID, 17

Young people in Newham have heaps of potential. I aim to inspire them to secure the skills needed for their future.



USMAN MAQBOOL, 16

I wish to create a positive appearance for young people and counterbalance a key issue in society today: negative stereotyping.



ELEANOR TRANTER, 14

I want to provide a voice for our youth. My determination, willingness and confidence will achieve this for us.



AARON THOMAS GORDON, 15

I aim to support young people in developing their entrepreneurial skills and educate them on the affects of crime.



AISHA BALHWEESAL, 15

I am committed to promoting after-school facilities, education about racism and improving support for students taking exams.



AISHA MARYAM HAYAT, 14

I want young people to feel safe, happy and encouraged. Health, happiness, hope. Vote for Aisha Maryam Hayat.



PRISCILLA HOSSAIN, 15

I am committed to getting every young person involved in activities which they wouldn't ordinarily. I aim to encourage everyone to get involved in making Newham a cleaner place.



WHO GETS YOUR VOTE?

**HAMZAH CHOUDHURY, 14**

The future belongs to those who prepare for it today. I want to give young people more opportunities to enhance their skills, making them more employable.

**HIMANI KUMAR, 14**

I will ensure that the youth are encouraged to join extracurricular activities and that they are involved in making Newham a cleaner and better place to live.

**KALYNA EL KETTAS, 16**

I am committed to supporting young people who are homeless and creating a cleaner environment for everyone to live in.

**CHELSEA NASCIMENTO, 15**

I want to make Newham a happier, more exciting and cleaner place to live and being Young Mayor of Newham will give me the chance to make a change.

**SEAN DONNELLY, 17**

My aims for every young person are to maximise their potential, to improve our borough for the benefit of all young people and ensure Newham is a borough for all.

**JOSEPH MUDIANDAMBU, 15**

I am committed to developing the talent and skills of young people and will ensure more youth clubs are accessible to encourage integration.

**SUGINTHAN SIVAKURUNATHAN, 15**

I am committed to a safer Newham and want young people to continue in their education outside of school.

**ALEX JARRETT, 15**

Young people need advice and counselling on various issues including mental health. I can make a change to make Newham a better place for young people.

**JULEKA BEGUM, 17**

I believe together we can make the youth in Newham more social, active and diverse. Vote for me now to make it possible.

**SAHVANA TIA-STORM FONTAINE, 17**

Overall, my main aim is to make Newham a safer place for its residents and to raise awareness of the help and advice that is available.

**DAIGE RAMSEY, 16**

My one, true goal is to inspire young people to be the very best that they can be. I aim to involve more young people in the community.

Watch the candidate's video manifestos online by visiting www.newham.gov.uk/youngmayor

Keep up with the campaign by following the election trail via Twitter [@ym_newham](https://twitter.com/ym_newham)

Aged 11 to 18? Don't forget to vote on 20 October.



Head over heels

At just 16 years of age, Tyreese Remy-Henderson has already danced for thousands at Trafalgar Square's West End Live event, and at on stage at the Royal Albert Hall. A member of East London's IMD Legion and ZooNation Dance Company, he's looking forward to his next role in the West End.

Tyreese is a former pupil at Canning Town's Eastlea Community School, and finished his studies there in June. For him, dancing has always come naturally. He said: "I've always danced, from a very young age. My mum was a dancer too, so I've always been pulled in that direction. But I started dancing in a more serious way when I began at Eastlea. Now I mainly do street dance, but they teach a lot of other styles at the school as well. What I really enjoy about it is that you get to express yourself however you want. My dance teacher thought I had potential, and introduced me to ZooNation's Youth Company, and I've been dancing with them for more than four years now."

ZooNation are a hip hop dance theatre company and their Youth Company brings together young performers from across the country. As well as helping young dancers to develop, the youth company also offers its members parts in the casts of the company's West End productions. Tyreese said: "With the ZooNation Youth Company I performed in Groove on Down The Road, which is a street dance re-interpretation of the Wizard of Oz. That was at the Southbank Centre and we did two runs there – in 2013 and 2014 – which got really good reviews. When I first danced in a big production like that it was very scary. You do get used to it, but it's still always a nervous experience when you go on a stage like that. I think it helps that I'm in a group, and not dancing totally by myself!"

"What I really enjoy about it is that you get to express yourself however you want"

Tyreese's next role will be in October, as he re-joins ZooNation at the Peacock Theatre for a return of their show *Into The Hoods: REMIXED*, an urban fairy tale loosely based on Stephen Sondheim's *Into The Woods*. Tyreese said: "The show is about two kids who run away from

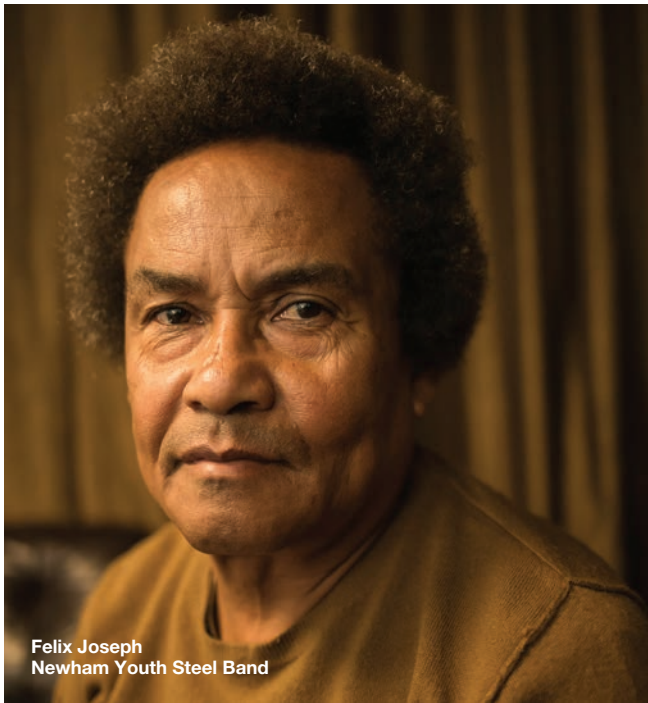
school, and get lost in the 'hoods'. It takes place on an estate, and on each level of a block of flats they meet new characters and have new experiences, and the story develops from there."

"I think it helps that I'm in a group, and not dancing totally by myself!"

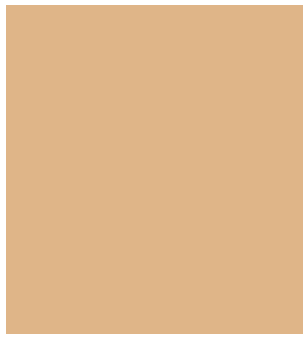
Tyreese cites Kate Prince, ZooNation's Artistic Director, as one of his biggest influences, along with Michael Jackson, and is working hard to develop as a dancer. Dancing can be a dangerous business, though, and Tyreese has already seen his fair share of injuries. He explained: "When you're trying out new move, you often try it out on a trampoline first. A while ago I was trying a trick, and my friend was also on the trampoline so I bounced the wrong way and broke my finger. I was out of action for about six weeks, but it could have been a lot worse!"

After the show's run at the Peacock Theatre, Tyreese will join the company on a national tour, which runs until April of next year. He's also recently joined the street dance crew IMD Legion, who reached the Britain's Got Talent live semi-finals earlier this year. Tyreese added: "I joined IMD just after they'd had their big TV appearances. It's very different to any other company – there's a really great atmosphere with both IMD and ZooNation."

ZooNation Dance Company's *Into the Hoods: REMIXED* is at Peacock Theatre, WC2A 2HT, from 23 October to 14 November. Tickets from £15, and under 16s half-price. www.peacocktheatre.com or 020 7863 8222



Felix Joseph
Newham Youth Steel Band



Carol Edozie
Alex Oma-Pius
IROKO Theatre Company



Zoe Flynn
Bo Chapman
Salmagundi Ltd



Sandra Bronson
Anne Miller
The Drop in
Bereavement
Centre



Katherine Bates
Denise Carroll
Fight for Peace

Good causes hit the jackpot

Seventeen community groups have hit the jackpot thanks to a fund created by Aspers Casino and Newham Council. The Aspers Good Causes Fund supports projects that help residents build their confidence and skills.

Organisations working in the fields of education, art, dance, music, sport and the environment, who demonstrate value for money and deliver inclusive projects have received funding of between £800 and £8,000.

“These worthwhile causes do wonderful work in helping those who need support”

In total the groups received £80,000. The remaining £20,000 will fund tickets for 2,000 children and young people to visit the Aspinall Foundation's Port Lympne and Howlet Wildlife Park in Kent. The event also celebrated the work of the

ten groups who received funding through the scheme in 2014.

Mayor Sir Robin Wales said: “Working with Aspers we have been able to support a wide range of organisations who play a big part in helping improve the lives of our residents. These worthwhile causes do wonderful work in helping those who need support to develop their confidence or skills due to their age, disability or because they are facing difficult and traumatic times in their lives.”

Richard Smith, operations director of Aspers, said: “We are delighted that we are able to play an active role in supporting the community. We have supported some worthwhile causes. I am

sure the Aspers Good Causes Fund will go from strength to strength.”

The 17 groups who received cheques at Aspers in Westfield Stratford City were:

- Newham All Star Sports Academy (NASSA) – £8,000**
- Solid Harmony Youth Community Choir – £8,000**
- Stratford Circus Arts Centre (Stratford Arts Trust) – £7,790**
- Caritas Anchor House – £7,790**
- Fight for Peace – £7,643**
- Salmagundi Films – £7,086**
- IROKO Theatre Company – £6,953**
- Newham Swords Fencing Club – £6,400**
- Newham Chinese Association – £5,310**



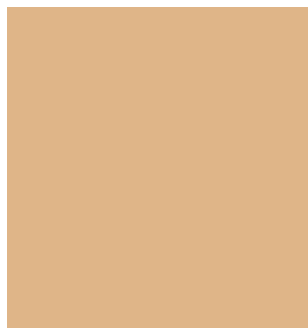
Sui Fan Wan
Catherine Ito
Newham Chinese
Association



Becky Lees
Tania Wilmer
Stratford Arts Trust



Linda Strachan
Newham Swords
Fencing Club



Newham Youth Steel band

– **£4,658**

Drop in Bereavement Centre

– **£4,400**

Genesis Futsal Club – **£1,000**

Age Well Singers – **£1,000**

Newham Cricket Club – **£1,000**

Newham Super Choir – **£1,000**

Ingenium – **£1,000**

Monega (Residents) Association

– **£1,000**

Organisations who received funding in
2014 were:

282 East Ham Air Cadets Squadron –
£3,500

Newham Choices For Youth Trust –
£6,608

Community Links – **£6,400**

Rosetta Arts Centre – **£8,984**

Caritas Anchor House – **£8,489**

The Brick Box CIC – **£9,960**

Victoria Residents Association – **£1,000**

Action Space – **£5,000**

Care in Mind – **£7,800**

I Can Play – **£1,000**

Tania Wilmer, director of Stratford Circus Arts Centre, said: “This funding will allow us to hold two high-quality, multi-sensory theatre shows designed for young people with profound and multiple learning disabilities.”

Alex Oma-Pius, artistic director of IROKO Theatre Company, who received money for their Bright Stars project, said: “We are thrilled to have received support which will enable us to use creative, fun and interactive art forms to enhance the skills, confidence and self-esteem of children and young people.”

Newham Swords Fencing Club received money towards sessions for children with disabilities or special needs and adults who want to improve their fencing skills. Club manager Linda Strachan said: “This will enable us to offer extra provision for adults and children with disabilities. I am delighted our work has been recognised.”

Felix Joseph, from Newham Youth Steel Band, said: “The money will help us provide music therapy for people affected by learning and physical disabilities, dementia and strokes.”

Sandra Smith, co founder of the Drop-in Bereavement Centre, said: “This funding has helped us keep offering services to the grieving community and we are very grateful.”



Newham in pictures



1 A pirate's life for us! Kids celebrate the end of the Summer Reading Challenge at a party at Plaistow Library, E13. **2** Newham in union! Spectators enjoy the Newham Rugby World Cup 2015 Fanzone outside the former Olympic Stadium, E20. **3** Lighting the way. A member of Newham Council's Repairs and Maintenance Service installs a new LED street light in Wigston Road, E13. This service has recently been brought in-house, saving money. **4** Deepam Dance, a Sri Lankan Tamil Youth company, perform at a celebration of the life of local priest Father Denis Hall at St Antony's Church, E7. **5** Walk this way! Arsenal Ladies footballers Jade Bailey and Vyan Sampson and children from Stratford's Manor Primary School launch the Beat the Street walking challenge at Queen Elizabeth Olympic Park, E20.

Have your say

on the proposal for the new Silvertown Tunnel

We're giving you an opportunity to have your say on the proposal for a new tunnel at Silvertown, before a planning application is submitted in Spring 2016. The new tunnel will:

- Reduce queuing at the Blackwall Tunnel by providing a nearby alternative river crossing
- Offer new cross-river bus link opportunities
- Support the creation of new jobs and homes

Our scheme includes a proposal to introduce a charge to use the Blackwall and Silvertown Tunnels. This would help manage traffic-flow and fund the new tunnel.

To find out more please visit tfl.gov.uk/silvertown-tunnel or go to your local roadshow:

Britannia Village Hall, 65 Evelyn Road, E16 1TU
Saturday 17 October, 12:00-17:00

Canning Town Library, Barking Road, E16 4HQ
Saturday 24 October, 10:00-16:00

The consultation ends 29 November 2015



MAYOR OF LONDON



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Calling us between 9am-5pm
to get registered on
020 3373 1101.

You can also register online at
www.newhamworkplace.co.uk

Or visit us at:

Newham Workplace
Boardman House
64 Broadway
Stratford
E15 1NT



What's on in Newham

- Find out what's on your doorstep with a swipe of your finger
- Latest activities and events info for every member of the family
- Get the latest Newham event information delivered to your phone
- Free to download
- Available on Apple and Android software



Visit **www.newham.gov.uk/communityevents**

Newham London

Offering a helping hand

Newham Council are inviting residents to help develop fundraising activities in support of Syrian refugees.

Lead councillors for each of the council's eight Community Neighbourhood areas have invited residents to join the council and other partners to discuss and organise local activities to raise funds for the United Nations High Commissioner for Refugees (UNHCR) – the United Nations Relief Agency.

The meetings will help to develop a schedule of fundraising events and activities to support Syrian refugees. Funding to support these initiatives will be made available from the council's Let's Get The Party Started community grant scheme. The council will also be working closely with businesses and faith groups, and encouraging a range of partner organisations to play their part.

These meetings are in addition to Newham Council's agreement to take an initial ten families as part of a fully funded and co-ordinated approach by the government, which comes in response to the largest refugee crisis in Europe since the Second World War.

The families that arrive in Newham will be supported by the council to rebuild their lives

and integrate into the local communities, including housing, help accessing healthcare, education services and any additional social support.

Councillor Ken Clark, cabinet member for building communities and public affairs, regeneration and planning said: "As a council we will be doing all we can to support any refugees that come into

Newham, but we know there is a strong desire across our communities to help the refugees now. This is a borough with a rich, proud and positive history of community spirit and I know there are many people across Newham who will want to get involved and help to alleviate the intolerable suffering these families have faced."

The meetings are open to all residents and will be held on:

Community Neighbourhood	Date	Location
Custom House & Canning Town	Thurs 15 Oct, 6.30-7.30pm	Canning Town Library, E16 Barking Road, E16
Stratford & West Ham	Sat 17 Oct, 2-4pm	Stratford Library, 3 The Grove, E15
East Ham	Mon 19 Oct, from 6.30pm	East Ham Library, Barking Rd, E6
Green Street	Tues 20 Oct, 6-7pm	Green Street Library, Green Street E13
Beckton and Royal Docks	Wed 21 Oct, from 6.30pm	Beckton Community Centre, East Ham Manor Way, E6
Forest Gate	Wed 21 Oct, 6.30-8pm	The Gate, Woodgrange Road, E7
Manor Park	Tues 27 Oct, 6-7.30pm	Trinity Centre, East Avenue, E12
Plaistow	Thurs 29 Oct, 5.30-7pm	Plaistow Library, North Street, E13



COME AND WATCH RUGBY WORLD CUP 2015 ON THE BIG SCREEN

AT QUEEN ELIZABETH OLYMPIC PARK
ON SELECTED DATES FROM
SEPT 23 – OCT 31

Newham London

For details of dates, opening times and live music visit
www.newham.gov.uk/fanzone



F[♥]ostering

Make a difference

With a weekly fee for yourself and all childcare costs covered, fostering may be the new career for you

Fostering Information Evening

Wed 14 October 2015, 3pm to 7pm

West Ham United Football Club,
Green Street, London E13 9AZ

Free Parking

0800 0130 393

www.newhamfostering.co.uk

Newham London



Welcome Home Joan

A new sculpture, commemorating one of British theatre's most influential figures, has been unveiled in Stratford. The bronze sculpture of Joan Littlewood was unveiled at a ceremony earlier this month in Theatre Square, adjacent to Theatre Royal Stratford East.

Littlewood's company, Theatre Workshop, was founded in 1945 and toured the country before moving to Theatre Royal Stratford East and transforming the venue's fortunes in 1953. Some of her best-loved productions included *Fings Ain't Wot They Used T'Be*, a musical about the London underworld, and the satirical musical *Oh, What a Lovely War!* Many of her productions later transferred to the West End, and she remained artistic director until 1975 before retiring, and died in 2002

"This memorial will be a fitting tribute to an inspirational director who put Theatre Royal Stratford East on the global stage"

The sculpture has been created by Philip Jackson, Royal Sculptor to The Queen and the creator of the Champions sculpture on Barking Road, and the statue of Bobby Moore at Wembley Stadium. The statue has been made possible after a long campaign of public fundraising, supported by Newham Council and led by Murray Melvin and Barbara Windsor, who both worked with

Littlewood in the early stages of their careers. Sir Ian McKellen and former *EastEnders* star Pam St Clement, who both worked with Littlewood, also attended the event.

The sculpture was unveiled by Alex Jarrett, a 15 year old Newham resident and member of Theatre Royal Stratford East's Young People's Work, followed by a celebratory tea party. Attendees also enjoyed a complimentary screening at the Stratford Picturehouse of *Sparrows Can't Sing* – directed by Littlewood and based upon the play that her company performed at Theatre Royal in the early 60s.

The afternoon concluded with a 'Joan Jamboree', on stage at Theatre Royal Stratford East, with musical and magic entertainment acts.

Mayor of Newham Sir Robin Wales attended the unveiling, and said: "Stratford is now a world-leading residential, business and tourism destination and Theatre Royal Stratford East has played a huge role in delivering this. With the area changing at such a rapid pace, it is important not to forget its rich history – this is why we have always supported this project. This memorial will be a fitting tribute to an inspirational director who put Theatre Royal Stratford East on the global stage."



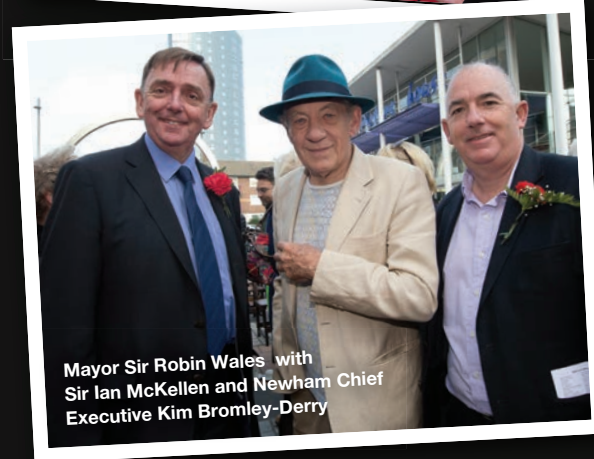
Pam St Clement and Barbara Windsor



The statue is unveiled



Murray Melvin



Mayor Sir Robin Wales with Sir Ian McKellen and Newham Chief Executive Kim Bromley-Derry

BEAT THE STREET AND WIN PRIZES

Newham residents are being invited to ditch the car and take more journeys on foot, in a new challenge running until 11 November.

Beat the Street was launched in a ceremony at Queen Elizabeth Olympic Park attended by Arsenal Ladies footballers Jade Bailey and Vyan Sampson and children from Stratford's Manor Primary School.

Participants will log their distance by tapping in with an electronic card to sensors on lamp-posts. It's completely free to take part and there are a range of prizes to be won.

The initiative is being supported by Newham Council. Mayoral adviser for environment and leisure, Councillor Ian Corbett, said: "As a council we are committed to doing all we can to help and encourage our residents to keep fit, stay active and be healthy. Beat the Street perfectly mirrors our goals and I would encourage as many people in Newham as possible to get involved."

For more information visit www.eastlondon.beatthestreet.me



Jade Bailey and Vyan Simpson
with two Manor pupils



OPENING DOOR TO NEW HOMES

The first homes built by Newham Council's Red Door Ventures will launch next month offering a new alternative in the rented sector.

The Moda development, located in Leather Gardens, Stratford, will consist of 36 high quality two-bedroom apartments.

Red Door Ventures was set up by Newham Council to build thousands of rented homes. The homes will benefit from professional management services and Red Door can also offer longer-term tenancies than are typically available in the private rented market.

For further information or to register an interest in the properties, please call the letting team at Hera Management Services on **0345 683812** or email reddoor@heramanagementservices.co.uk



A new arts school in Canning Town

A new art school in Canning Town is offering residents the opportunity to study art and design at affordable prices.

Set up by local artist Tim Beswick, courses are offered at £4 an hour. Sessions currently running include life drawing, printmaking, portrait and figure modelling and general sculpture.

The Cody Dock Art School is part of The Gasworks Dock Partnership, a charity that is regenerating the area through the development of social enterprises that provide employment, educational and cultural facilities.

The school is staffed by experienced art lecturers, and a limited number of concessionary places are available. There is free parking on site, a cafe and disabled access. More information is available online at www.gasworksdock.org.uk, or call Tim Beswick on **07966 393 150**.



Ranelagh pupils broaden their horizons



Twelve Ranelagh Primary School pupils spent part of their summer visiting Zagreb, as part of the British Council's Comenius Project.

The school in Stratford has been involved in a two-year cultural exchange with European schools, to help pupils develop a knowledge and understanding of European cultures and languages.

While in Croatia, the pupils attended a traditional barbecue lunch in the countryside, visited the beach, rode the trams through Zagreb and observed the city from a viewing tower. The children also spent a few days in the historical city of Zadar, with its Roman and Venetian ruins and famous Anastasia's Cathedral.

Trip leader and class teacher Claire Selsby said: "The project provided an opportunity for pupils and teachers to visit places they would not otherwise see. Being hosted by a school from the area allowed us to experience the country from the view of a local."



Celebrating the life of Denis Hall

Several hundred people attended a ceremony to celebrate the life of Father Denis Hall, who died in March. Father Hall was based at Our Lady of Compassion Church in Upton Park at the time of his death, and had also served communities in Canning Town, Manor Park, Forest Gate and Leyton in a career that saw him spend 48 years in the Roman Catholic Church.

The service was held as a celebration of his life, at St Antony's Church in Forest Gate. The ceremony offered speakers from a variety of faith groups the chance to pay tribute to Father Hall, who was known for his work with young people, migrants, and those of other faiths. After the speeches, the event concluded with a candle-lighting tribute to Father Hall.



Kids' corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY

Winner



Nykhel Roberts, 6



Rahmah Mukith, 7



Sahana Sakthivel, 5



Maitreyaa Ganesharupan, 6

Win free membership at Stratford Picturehouse

This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your full name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Colour-me-in Wordsearch

Poem

My School Life

Life in school
is really so cool.

Teachers praises,
grades raises.

Meeting friends,
fun has no ends.

Sun or rain,
playing is not a strain.

Parents get the credit,
with our effort of merit.

No one can get back
the life of luck
which is the life in school.
Make use of this
special life,
for the life in school is
really so cool.

Jeyani Shankar, 12



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Buck
Bunny
Burrow
Carrot

Ears
Grass
Hare
Mammal

Plants
Rabbit
Stalk
Woodland

WHAT'S ON?

FIVE PAGES OF ACTIVITIES **MOSTLY FREE, ALL FUN**

OUR THRILLING THREE...

1

Discover Dogs – meet hundreds of dogs, chat to owners, great shopping and watch world-class displays in competitions. Sat 17 and Sun 18 Oct, 10am-5pm, ExCeL London E16. From £11, and under-12s go free. www.discoverdogs.org.uk

2

BT Community Wheelchair Rugby Festival – Sun 11 Oct, 10am-4pm, Copper Box Arena, E20. A free family event to have a go at wheelchair rugby, watch live games and meet Paralympic players. For more information call **07903 313 481** or email j.bunnage@btinternet.com

3

Tea Dance – Mon 19 Oct, 1.30-4.30pm, Old Town Hall, Stratford E15. Three hours of ballroom dancing, with refreshments provided. £3 for residents (please bring proof of address) and £5 for non-residents.

WHAT'S ON IN NEWHAM... DOWNLOAD THE APP

Don't forget, you can find information on events taking place near you with our new app What's On In Newham. With a geographical search function, you can type in your postcode and find classes, events and community groups that are just minutes from your front door, and discover what's happening in parks, libraries, community centres and other locations.

It's easy to download and available for free on Apple and Android software.

For more information and to download the app, visit www.newham.gov.uk/neighbourhoodevents



TRY SOMETHING NEW... TENNIS

Wimbledon and the summer may be long gone for this year, but Newham Council's leisure provider activeNewham is still providing three levels of courses for adult players, from beginner to intermediate standards until November. Priced at just £30 for 6 weeks of lessons, you can get playing at either Central Park, E6 or Stratford Park, E15 on Saturday and Sunday mornings.

For full details, call **0300 124 0123** or visit www.activenewham.org.uk/tennis



Indicates free sessions

Libraries unless stated

UNDER-FIVES

Toy Library

Introducing toddlers to borrowing toys. *Thurs, 10.30-11.30am, Beckton*

Rhyme Time

Tues, 10.30-11.15am, North Woolwich

Storytelling

Mon, 10.30-11.15am, Custom House; Mon 11am-12noon, Tues 10-11am, Beckton; Tues 10-11am, Thurs 2-3pm, Plaistow; Tues 10-11am, Sat 11.30am-1pm, Green St; Tues, 10.30-11.30am, Canning Town; Tues, 10.30-11.30am, The Gate; Tues 10.30-11.30am, Thurs 9.45-10.45am, East Ham; Tues 11am-12noon, Fri 11am-12noon, Stratford; Fri, 10.30-11.30am, Manor Park

Stay and Play

Support for parents and carers to develop their child through play.

Mon to Thurs 11am-12noon, Sat 12noon-1pm, Green St; Tues, 9.30-11.30am, Jeyes C.C.; Tues, 10am-12noon, Grassroots; Weds 10am-12noon, Sat 11am-1pm, Stratford; Thurs, 1.30-3.30pm, Jack Cornwell C.C

Music and Movement

Sessions for parents/carers and children. *Mon, 10.30-11.30am, Grassroots*

Music and Rhyme *Tues, 10.30-11.15am, Custom House* 

YOUNG PEOPLE

Board Games Club (7-13yrs)

Play chess, Checkers, Ludo,  Pictionary and more. Term time. *Tues 4-5pm, Fri 4-5pm, Stratford; Thurs, 4-6pm, Custom House; Thurs, 4.30-6pm, North Woolwich; Thurs, 5-6pm, Green St; Sat, 2.30-4pm, Manor Park*

Games Club (7-16yrs) ★

Sony PS3, Xbox360, Nintendo Wii, board games and more. Tues, 3.30-5.15pm, Custom House; Mon, 3.30-5pm, Plaistow; Thurs, 4-6pm, Canning Town; Wed, 3.30-5pm, Forest Gate

Froud Young Project (7-16yrs) ★

Activities for young people. Mon, 3.30-5.30pm, Jack Cornwell C.C

Arts and Craft Workshop (5+yrs) ★

Mon, Tue, Wed and Fri 4-5pm, Sat 1-2pm, Green St; Tues, 4-5pm, Plaistow; Sat, 2-3pm, Canning Town; Sat, 2-3pm, Custom House; Sat, 2-3pm, North Woolwich

Young Readers Club (7-12yrs)

Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich

Children's Movie

Matinee (0-13yrs)

Sat 3.30-5.30pm, Green St

Let's Start Sewing (7-16yrs)

Beginner sewing classes. Sat, 12noon-3pm, Woodman C.C. Woodman St, E16. Email theteam@kefoundation.org.uk

Spelling Bee Club

(7-13yrs)

Mon, Tue, Thur and Fri, 3.30-4pm, Green St

Spanish Club (7-14yrs) ★

Weds, 4-5pm, Beckton. Email vane_macia@hotmail.es

East Ham Youth Zone

Sony PS4, DJ decks and other activities. Tues, 4-7pm, East Ham

Homework Club

Mon, 3.30-4.30pm, North Woolwich; Mon, 4-6pm, Stratford; Weds, 3.30-5.15pm, Manor Park; Thurs, 4-6pm, Plaistow; Sat, 10am-12noon, The Gate; Fri, 3.30-5.30pm, Canning Town; Fri, 4-5pm, Beckton; Fri, 4-5.30pm, East Ham; Sat, 2-3.30pm, Green St

ACTIVITIES AND SUPPORT



Chess Club

Tues, 3.45-5.15pm, Beckton

Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham
Weds, 3.30-5pm, Green St
Thurs, 5.30-7.30pm, Stratford
Fri, 3.30-5.15pm, The Gate

Coffee Mornings

Mon, 10-11.30am, North Woolwich; Tues, 10-11.30am, Beckton; Tues, 11am-12.30pm, Custom House; Thurs, 10-11.30am, Canning Town; Thurs 8 Oct, 10am-12noon, Stratford

Do It Online (18yrs+) ★

Six or eight-week basic computer training. Advance booking required, contact library directly. Tues, 10am-12noon and Thurs 10am-12noon, The Gate; Tues, 10am-12noon, East Ham; Tues 10am-12noon, Plaistow; Mon, 10am-12noon, Manor Park; Weds, 2-4pm, Stratford; Tues, 11am-1pm, Thurs, 10am-12noon, Green St; Thurs, 10am-12noon, Katherine Rd C.C; Wed, 10am-12noon, Plaistow;

Knit & Natter (16yrs+) ★

Weds, 10am-12noon, Beckton; Fri, 10.30-11.30am, Canning Town; Fri, 10am-12noon, East Ham; Tues, 10.30am-12.30pm, Manor Park; Weds, 10.30am-12.30pm, Green St

ICT Surgery

IT advice for all ages. Weds, 10.30am-12noon, Stratford; Fri, 2-4pm, Canning Town

Love Newham app

drop-in Learn how to report issues via the app. Mon, 10.30-11.30am, The Gate

ICT Drop-in Session

Set up a My Newham profile and create an email account. Fri, 10am-12noon, The Gate; Fri, 10am-12noon, Green St

Bingo Night (16yrs+) ★

Thurs, 6-7pm, Green St

Deafroots Deaf Club

Opportunity to learn new and exciting things for members including quizzes, prizes, refreshments. Mon, 1.30-3.30pm, Stratford. New members £2, existing

members £1. Email angel@deafroots.org.uk or text on 07985 242778.

Support in Action

Thurs, 12noon-4pm, Jeyes C.C

Get on Target Business

Advice Surgery Tues, 12noon-2pm, North Woolwich. Call 07931 576 483 to book.

SpEC Speaking English

with Confidence

Mon, 10-11am, North Woolwich; Mon, 10-11am, Plaistow; Mon, 11am-12noon, East Ham; Mon 10-11am, Weds 10-11am, Thurs 10-11am, Green St; Thurs 6-7pm, Stratford; Weds, 10-11am, Manor Park; Weds, 11am-12noon, Canning Town; Weds, 11am-12noon, The Gate; Tues, 10.30-11.30am, Custom House; Weds, 10-11am, Beckton

Chai and Chat Women Group (18yrs+)

For women who use mental health service. Weds, 10.30am-12.30pm, Plaistow

Ebony East Steel Pan

Academy Tues, 4.30-6.00pm (11-16yrs); Weds, 3.30-5.30pm (8-11yrs), One Love Community Centre, 1 Bishops Ave, E13 OPU. Call 07565124701. £4, 1st session free

Newham Steelband Sessions for beginners

Tues and Thurs, 6.30-8.40pm, Canning Town Caravanserai, 110-116 Silvertown Wy, E16. £4. To register call 07927 644 629

Adult Reading Groups

Sat, 12noon-1pm, Green St. This month's book: Sharp Objects by Gillian Flynn. Thurs 15 Oct, 6.30-7.30pm, East Ham, email easthamreaders@gmail.com for current book. Thurs, 15 Oct, 6-7pm, Stratford Library – contact library for current book. Sat 17 Oct, 10-11am, Custom House – contact library for current book.

Rabbits Rd Institute

Conversation Club

Thurs, 3-4pm, Manor Park

Together We Can

Fortnightly social group for adults under 50 who have had a stroke. Fri 16 Oct, 2-4pm, Plaistow

Life in the UK Classes

12-week course. Contact 020 8542 3904.

Weds, 10am-12noon, East Ham; Weds 12.30-2pm, Fri 10am-12noon, Plaistow; Fri, 12.30-2.30pm, Green St

Tablet Takeover

Learn how to use tablets to email, shop, download and more – tablet provided for lesson. Mon, 12.30-1.30pm, Green St, £2. Call 07432 156 016.

Cake Decorating

Weds, 10am-12noon, Katherine Road C.C. Call 020 8522 5772 to enrol.

ESOL for Beginners

Tues and Fri, 1-3pm, Plaistow; Tues 9.30am-12noon and Fri 9.30am-12.30pm, Jack Cornwell C.C; Weds and Thurs, 9.30-11.30am, Katherine Road C.C. Call 020 8522 5772 to enrol.

ESOL for Absolute Beginners

Weds, 9.30am-2pm, Katherine Road C.C; Weds, 10-11.30am, The Hub

Tea and Teach Event with Barclays Digital Eagles

Learn how to shop online, email, Skype watch TV online. Bring your own laptop or tablet. Thurs, 5-6pm, Green St

Alcohol Awareness

Thurs 15 Oct, 3-5pm, The Gate

Gamers Group

Social club for adults with Asperger's Syndrome and High Functioning Autism. Thurs 22 Oct, 1-3pm, Plaistow

COMMUNITY ACTIVITIES



Bumps and Babies ★
(up to 1yr) A free home-based meet up, Weds, 1-3pm for expectant parents and those with babies. Email newham@nct.org.uk

Mums2be Meetup ★
Information and support for expectant parents. 3rd Sat of every month, 10-11am. Email newham@nct.org.uk

Meet and Greet ★
Mums, Bumps and Babies
Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com

Royal Docks Learning & Activity Centre
Mon, Needlecraft, 10am-12noon, £2. **Tues**, Parent and Toddler Group, 10am-12noon, £1; Bingo, 10am-12noon, £1 **Wed**, Keep Fit, 10-11am, £2 Employment 1-2-1 support, by appointment. Creche available **Thurs**, Tai-Chi, £2, first session free, 10.30am-12noon; Line Dancing, £1, first session free, 1-3pm; **Mon-Fri**, After School Club for Gallions, Britannia Village, St Joachim's and Drew primary schools. **Mon-Fri**, Open Access After School Club, 4-6pm, £3 per day. Royal Docks Learning & Activity Centre, Albert Rd, E16. Call 020 7476 1666. Visit www.rdlac.org.uk

Junior Volunteer Police Cadets (10-12 yrs, term time)
Wed, 3.30-5pm, Little Ilford School, Browning Rd, E12, £1.

Senior Volunteer Police Cadets (13-17 yrs)
Wed, 6.30-9pm, Little Ilford School, Browning Rd, E12, £2.50. Thurs, 6.30-9pm, Eastlea Community School, Exning Rd, E16, £2.50. Call 07500 881 378

BOXING AND SELF DEFENCE



Modern Arnis (16yrs+) ★
Tues, 5-6pm, Jack Cornwell C.C

Boxing (Newham College)
Mon, 5-6pm, East Ham College, High St South, E6

Fight For Peace Boxing ★
Mon to Fri, 4-5pm 10-14yrs Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

Punch Out (16yrs+) ★
Fri, 4-5pm, Katherine Road C.C

Gurumu Taekwondo
Mon and Weds. Children 6-7.30pm. Juniors and seniors 7.45-9.45pm, Monega Primary School, Halley Rd, E12 6TT. Fees apply. Call 07931 709 140

West Ham Boys ABC
Mon, Wed, Fri, mixed (8-16yrs), 5-6pm. Sat, boys (6-11yrs), 10-11am, girls (7-16yrs), 11am-12noon, £2. 2 London Rd, E13. Call 020 8472 3614

Indian Martial Arts
Tues and Thurs, 5.30pm. Sun 9.30am. Martial Arts Centre, 27 Romford Rd, E15. £5 or free for INUF users. Call 07703 594 398.

HEALTH AND FITNESS



Tone-Tastic (18yrs+)
Mon, 2-3pm (free), Fri, 10.30-11.30am, (1.50), Field C.C

Twisted Pink Street Dance (7-18yrs)
Fri, 7-8pm, Vicarage Ln C.C. £5. Contact Tahirah on 07961 544 017.

Let's Yoga
Thurs, 6.30-7.30am, Grassroots, £5; Sat, 10am-12noon, Jeyes C.C, £1; Wed, 7-9pm, Jeyes C.C, £1; Thurs, 7-8.30pm, Field C.C, Free

Lee Valley Cycling (12-25yrs)
Wed, 4.30-6pm, Lee Valley VeloPark, £5 or £50 for 12 wk course. Pre-booking essential, email michelle.daniel@activeNewham.org.uk

Indoor Tennis
Mon, 6-8pm, Lee Valley Hockey & Tennis Centre, £3. Pre-booking essential, email michelle.daniel@activeNewham.org.uk

Salsa Dancing (18yrs+) ★
Tues, 11.45am-12.45pm, Field C.C

Ballroom Dancing (18yrs+)
Thurs, 2.30-4pm, Field C.C. Free; Fri, 8-9pm, Jack Cornwell C.C. £4

Zumba
All ages and abilities. Tues, 10.30-11.30am, Field C.C (£1); Mon, 9.30-10.30am, Jack Cornwell C.C (£3); Fri, 9.30-10.30am, Jack Cornwell C.C (£2, over 50s free); Fri, 12.30-1.30pm, The Hub (free for over 50s)

Aerobic Exercise
Workout and body stretching Tues, 9.30-10.30am, Jack Cornwell C.C. £2

Zumba fitness with Jess
Tues, 5-6pm, Brimstone House, 10 Victoria St, E15 4NX (Free); Sat, 10.30-11.30am, Weds, 6.30-7.30pm, Asta Community Hub, 14a Camel Rd, E16 2DE, £2.50. 07884951484

SalsaPam Zumba (11+)
Mon 6.30-7.30pm, Thurs 6.30-7.30pm, Queens Rd West Community Centre, E13 0PE. £5 per session or £25 for a one month pass (approx. £3 per class)

Zumba fitness
Mon and Weds, 7-8pm, £5 and £4 for second class, Vicarage Ln C.C, Govier Cl, E15. Call 07500 898 665

Nordic Walking ★
Wed, 9.30am. Meet at Field C.C. Not suitable for wheelchairs. Call 07783 660 429; Fri, 6.30-8pm. Meet at Newham Leisure Centre, E13; Sun, 10-11.30am. Meet at East Ham Leisure Centre, E6

Unity Zumba
Mon and Weds, 8-9pm, Lister Room, East Ham Town Hall, E6. Tues and Thurs, 8-9pm, St Mark's C.C. Sun, 6.30-7.30pm, The Well C.C. Call 07886 884 573.

50+ ACTIVITIES



Get Active, Get Healthy – Walk to the Park ★
Mon, 10.30-11.30am, Manor Park

Newham Striders ★
Daily walking group
Call 0300 124 0123.

Bingo (50+yrs) ★
Thurs, 7-9pm, Jack Cornwell C.C; Mon, 12noon-4pm, Jeyes C.C

ICCAN ★
Faith based group with cultural activities. Fri, 12noon-2pm, Jeyes C.C

Active & Connected ★
Social group for gay and bi men. Last Thursday of each month. For info call 020 7791 2855

Active Centre 50+ Group
Weds, 12noon-4pm, Field C.C

Dominos Group ★
Fri, 6-10pm, Field C.C

Chair Based Yoga ★
Tues, 12.30-1.30pm, Manor Park

Fifty Plus Men's Group ★
Tues and Thurs, 2-5pm, Katherine Road C.C

Forever Young ★
Enjoy community activities and make new friends. Wed, 11am-1pm, Beckton; Wed, 10.30am-12.30pm, Field C.C.

Pilates Classes ★
Tues, 9.30-10.30am, Field C.C

Happy Living Club ★
Indoor and outdoor activities for over 50s. Tues and Weds, 1.30-5.30pm, Jeyes C.C

Holiday Spanish Club ★
Wed, 12.30-1.30pm, Manor Park

Exercise for Fitness ★
Thurs, 10.30-11.30pm, Manor Park

Get Active, Get Healthy ★
10 wk programme of workshops about health and wellbeing. Thurs, 10.30am-12.30pm at Hamara Ghar, 412-422 Green St E13. Thurs, 1-2pm (women), 2.30-3.30pm (men), Katherine Road C.C. Email

CN.GreenStreet@newham.gov.uk or call 02033730857 for more information

Tea Dance

Weds 21 Oct, 1-3pm, St Mark's C.C. £1.50

Soca Aerobics

Fri, 3-4pm, Grassroots C.C.

GREEN



Green Gym

Weds, 10am-1pm, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973 156

Green Volunteering

Tues and Thurs, 10am-2pm. Silvertown Wy, E16 (opp. Hallsville Rd)

Garden Club

Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

Gardening Thymes

Gardening Club
Fri, 11am-1pm, Bowling Green, Central Park, High St South, E6

Grow Together Be Together Community Gardening Club

Wed, 10am-1pm. Sat, 1pm-3pm Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070

Caravanserai Garden

Volunteering Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863 384

DOORSTEP CLUBS



Call 0300 124 0123. unless otherwise stated.

Athletics Club (14yrs+)

A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394 756

Gym & Basketball (14yrs+)

Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

Stunt & Tumble (14yrs+)

Thurs, 7.30-9pm, £5, Talent Cheer & Dance, Gallions Reach, Armada Wy, E6. Call 07866 612 610

FEMALE SPORTS

Basketball Sessions

Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

Dare2Dance (12-16yrs)

Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13

Female Boxfit (14yrs+)

Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783 526

Girls Football (11-16yrs)

Tues, 4-5.30pm and Thurs, 5-6pm, Newham Leisure Centre. Fri, 5-7pm. Term time only. Memorial Park, E15

Girls Group Cycling (11-15 yrs)

Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

Just Play (14yrs+)

Wed, 6.30-8pm, multi-sports (term time). Cumberland School, E13. Call 0300 124 0123

Women's Martial Arts

(16yrs+) Tues, 5.15-6.15pm, Jack Cornwell C.C. Ring 07473 030 250

Keepfit

Wed, 10am, £1, Chandos East Centre, E15. Call 07950 944 095

Women's Badminton

Fri, 1-2.30pm, East Ham Leisure Centre, E6, £2, equipment provided. Call 07930 162 505

Female Only Gym Sessions

Mon, 3-4pm, 16-25yrs. Mon and Wed, 7.30-10.30pm. Tues and Thurs, 12noon-1.30pm. Sun, 3-5pm, 11-15yrs. £4.65. Newham Leisure Centre.

Athlefit (14-18yrs)

Athletic fitness, Wed, 5.30-6.30pm, £1. Flanders C.C, Napier Rd, E6. Call 07718 394 756

Get Back into Netball

Tues, 6-7.30pm, juniors, 7.30-9pm, seniors, £2. Lister Community School, E13. Call 07717 281 529

Julie's Mums On The Run

Wed, 10-11.30am, £5, or bring a friend and pay £4 each. Abbey Ln Park, E15. Call 07961 374 772

Zumba fitness with Jess

Thurs, 10.15-11.15am, Stratford, £4. Call 07884 951 484

Abs Blast (11-15yrs)

Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

Female Only Zumba

Tuesdays: 6:00-7:00pm, Forest Gate Community School, Forest Lane, Forest Gate, E7 9BB
Thursdays: 6:30-9:00pm, The Well Community Centre, 49 Vicarage Lane, East Ham, London, E6 6OQ, £1. Contact: Nicole.napier@activenewham.org.uk 07741292902

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE



Ability Club (14-25yrs)

Multi sports for disabled young people. Wed, 5.30-6.30pm and Fri, 4.45-6pm, NewVlc, E13

Athletics (8-18yrs)

Tues, 4.15-6.15pm, Brampton Manor, Roman Rd, E6. Thurs, 4.30-5.55pm, St Angela's Ursuline School, E7. Email cnourrice@englandathletics.org

Get Fit for Free

Tues, 1.30-3.30pm and Fri, 10am-12noon. Gym use for people with learning disabilities. Newham Leisure Centre, E13. To book an induction call 0300 124 0123

Sensory Play (U5yrs)

Wed, (term time) 1.30pm-3pm, Oliver Thomas Children's Centre, Mathews Ave, E6. Email Naomi.ferron@oliverthomas.newham.sch.uk or call 020 8821 0997

Swim for Families

Dealing with Autism
Wed, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123

Support In Action (18yrs+)

Indoor and outdoor activities, advice and support. Thurs, 12noon-4pm, to Jeyes C.C

Family Swims

Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm,

Family Swim, Balaam Leisure Centre, £5. Call 0300 124 0123

RUNNING



Beckton Park Run

Sat, 9am, Beckton Park South, E16. Call 07718 394 756
www.parkrun.org/beckton

East End Road Runners

Tues and Thurs, 7pm. Sun, 9am. Meet on the track. Coached sessions for all abilities. Newham Leisure Centre, E13. Call 07979 261 647

West Ham Park Run

Sun, 11am. Meet at Central Park Keepers Lodge, E6. Call 020 8257 4505

SPORTS



Mini Tennis

Tues, 4-5pm, and 5-6pm, East Ham Leisure Centre, 4-8yrs; Thurs, 4.30-5.30pm and 5.30-6.30pm, Newham Leisure Centre, 4-8yrs and 8-16yrs. £50 for 10 sessions. Email michelle.daniel@activeNewham.org.uk

Newham and Essex Beagles Athletics Club

Mon and Wed, 6-9pm. Foundation Groups (8-10 yrs), Mon, 7-8pm and Wed, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. Visit www.newhamandessexbeagles.co.uk

BMX (6-16yrs)

Sun, 10am-12noon, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333 615

Fencing with Newham

Swords Tues, 6-9pm, Thurs, 6-9pm, Fri, 7-10pm. Classes for adults (18+), and mini-pirates (4-7yrs). UEL SportsDock Call 07956 618 898

Adult Tennis (16+)

Saturdays: 9-10am, 10-11am, 11-12pm, Central Park (tennis courts), High Street South, East Ham, E6 6ET Sundays: 9-10am, 10-11am, 11-12pm,

Stratford Park (tennis courts), West Ham Lane, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741293513

Mini Tennis Courses (4-16yrs) Tuesdays: 4-5pm, 5-6pm, East Ham Leisure Centre, 324 Barking Road, London, E6 2RT. Thursdays: 4:30-5:30pm, 5:30-6:30pm, 6:30-7:30pm, Newham Leisure Centre, 281 Prince Regent Lane, London, E13 8SD. Saturdays: 4-5pm, 5-6pm, Central Park (tennis courts), High Street South, East Ham, E6 6ET. Sundays: 12-1pm, 1-2pm, Stratford Park (tennis courts), West Ham Lane, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741293513

Cricket (14yrs+) Tues, 6-8pm, Newham Sixth Form College, E13. Call Ratheesh on 07476 269 226 for information

Lister Table Tennis Satellite Club (11-25yrs) Weds, 6.30-8pm, Newham Sixth Form College, E13. £1. For information call Shiri on 07888 830 179

FOOTBALL



AIR Football (16yrs+) Tues, 1-3pm, Fri, 10am- 12noon, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

Football and Athletics Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

Football & Multi Sports Mon, 4-5.30pm, Newham Leisure Centre, E13. Wed, 5-6pm, Stratford MUGA, West Ham Ln, E15

Mayor's Football League U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

Premier League (16yrs+) 6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

WHU Kicks Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat 10.30am-12noon, Newham Leisure Centre, E13

Ascension Football Sat, 10-11.30am, £3. Reception to 11yrs. King George V Park, King George Ave, E16. Call 07806 584 925

BASKETBALL



Basketball & Multi Sports Fri, 5-6.30pm, 8-19yrs, Snowhill MUGA, Snowhill Rd, E12

Basketball Sessions Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

National League Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16. Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

NCFE Sports - Basketball Thurs, 5-7pm, East Ham Leisure Centre. To register email sports@newham.ac.uk or call 020 8257 4255

Senior Programme Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401 616

Newham All Star Sports Academy (NASSA) Sessions £1 unless indicated. Juniors, Fri, 4-6pm Cumberland School, E13. National league U13yrs, U14yrs, U16yrs, Tues, 6-8pm, Rokeby School, E16. National league U18yrs, Tues, 8-10pm,

Rokeby School, E16. National league U13yrs, U14yrs, U16yrs, Thurs, 6-8pm, SportsDock. National league U18yrs, Tues, 8-10pm, UEL SportsDock. Junior boys and girls, Sat, 10.20am-12.20pm, UEL SportsDock, £2. Call 07703 503 995. www.nassasports.org.uk

Basketball (15yrs+) Thurs, 6-8pm, Newham Sixth Form College, E13. Free to Yr10/11 students and NewVlc students. £2 for others. Call Jermaine on 07876 874 191

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Rd, E6, unless otherwise stated

Tues 13 Oct, Regeneration and Employment Scrutiny Commission, 7pm

Weds 14 Oct, Corporate Parenting Board, Newham Dockside E16, 4.30pm

Thurs 15 Oct, Cabinet, 5pm

Thurs 15 Oct, Mayoral Proceedings, 5.05pm

Mon 19 Oct, Local Development Committee, Old Town Hall E15, 7pm

Tues 20 Oct, Strategic Development Committee, Old Town Hall E15, 7pm

CONTACT THE MAYOR

Here to Help sessions Please register by attending the venue 30 minutes ahead of the advertised time. **Tues 20 Oct**, 5pm, Newham Town Hall, Barking Road, E6 **Sat 24 Oct**, 10am, The Gate, Woodgrange Rd E7

Telephone Surgery **Wed 14 Oct**. Call 020 8430 2000 between 9.30-10.30am and leave your details. The Mayor will then phone you back at a later time.

CONTACT DETAILS

LIBRARIES & COMMUNITY NEIGHBOURHOODS

Beckton Globe 1 Kingsford Wy, E6
Canning Town Barking Rd, E16
Custom House Prince Regent Ln, E16
East Ham 328 Barking Rd, E6
Green Street 337-341 Green St, E13
The Gate 6-8 Woodgrange Rd, E7
Manor Park 685-691 Romford Rd, E12
North Woolwich 5 Pier Parade, E16
Plaistow North St, E13
Stratford 3 The Grove, E15
Archives and Local Studies 020 3373 6881
Community Outreach 020 337 30813

LEISURE & SPORTS VENUES

Balaam Leisure Centre 14 Balaam St, E13
East Ham Leisure Centre 324 Barking Rd, E6
Newham Leisure Centre 281 Prince Regent Ln, E13
NewVlc Prince Regent Ln, E13
UEL SportsDock Docklands Campus, University Wy, E16

COMMUNITY CENTRES (C.C)

Beckton Community Centre 14 Manor Wy, E6, 020 7511 1214
Field Community Centre 147 Station Rd, E7 020 8536 2800
Grassroots Centre Memorial Park, Memorial Ave, E15 020 3373 0650
The Hub 123 Star Ln, E16 020 3373 0750
Jack Cornwell Community Centre Jack Cornwell St, E12 020 8553 3459
Jeyes Community Centre 1 James Cl, E13, 020 8548 9788
Katherine Rd Community Centre 254 Katherine Rd, E7 020 8548 9825
St Mark's Community Centre 218 Tollgate Rd, E6 020 7511 1214
Vicarage Ln Community Centre Govier Cl, E15, 020 8519 0235
The Well Community Centre 49 Vicarage Ln, E6, 020 7586 7070

£50m That's how much the council has to save next year

Due to deep Government cuts and other cost pressures, we need to save £50m from the amount we spend next year.

Go online and tell us what you think
www.newham.gov.uk/budgetchallenge



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